

Effective 31 January 1994

Training

Training in Units

The original version of this publication was first published on 26 August 1993.

This UPDATE printing publishes a new Change 1, which is effective 31 January 1995. The strike-through and underscore method has been used to highlight changed material.

For the Commander:

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Summary. This publication supplements AR 350-41, 19 March 1993. It establishes responsibilities, training guidance, policies, and fitness philosophy for the Army Physical Fitness Program.

Applicability. This supplement is applicable to all military personnel assigned or attached to the United States Army Recruiting Command.

Impact on New Manning System. This supplement

does not contain information that affects the New Manning System.

Supplementation. Further supplementation of this regulation is prohibited. This supplement is current until further notice from this headquarters.

Suggested improvements. The proponent agency of this supplement is the Office of the Director of Training and Plans. Users are invited

to send comments and suggested improvements on DA Form 2028 (Recommended Changes to Publications and Blank Forms) directly to HQ USAREC (RCTNP), Fort Knox, KY 40121-2726.

Distribution. Distribution of this supplement has been made in accordance with USAREC Pam 25-30, distribution A. This supplement is published in the Recruiting Stations Operations UPDATE.

Paragraph 9-5, Physical fitness training policy

Add subparagraphs (1) and (2) after subparagraph a.

(1) Soldiers who fail to meet the minimum physical standards of the APFT will be enrolled in special fitness program designed by his or her immediate commander.

(2) These soldiers will participate in PT at least three times per week. Refer to FM 21-20, DA Pam 350-15, and paragraph 9-6, this regulation for additional guidance to establish an appropriate program utilizing available facilities and resources within the local area.

Paragraph 9-6, Procedures in units

Add subparagraphs (8) and (9) after subparagraph a(7).

(8) Commanders should ensure that the APFT is included in annual planning.

(9) Recruiting station commanders will ensure that PT activities are integrated within the time management plans of all assigned recruiters as outlined in USAREC Reg 350-7.

Paragraph 9-8, Physical fitness testing procedures

Add subparagraphs (a) and (b) after subparagraph b(2).

(a) United States Army Recruiting Support Command (RSC), recruiting brigade (Rctg Bde), and recruiting battalion (Rctg Bn) commanders and Headquarters, United States Army Recruit-

ing Command (HQ USAREC), Headquarters Commandant (HQ Comdt), will maintain a report listing the results of the semiannual APFT. The report must include:

1. Total number of soldiers tested.
2. Number of soldiers that passed the APFT.
3. Number of soldiers that failed the APFT.
4. Number of soldiers that scored 300 points.
5. Number of soldiers that scored between 280 ~~290~~ and 299 points.
6. Number of soldiers that scored between 280 ~~270~~ and 300 points,
7. Number of soldiers not tested and reasons why.

(b) DA Form 705 will be maintained no lower than recruiting company headquarters. If maintained at recruiting company level, an information copy will be forwarded to the Rctg Bn.

Paragraph 9-9, Incentives and corrective action

Add subparagraphs (1) through (5) after subparagraph a.

(1) Rctg Bde, RSC, and Rctg Bn commanders, and HQ USAREC HQ Comdt will reward soldiers for their outstanding performance on the APFT. Soldiers scoring 290 points or above will receive USAREC Fm 1041 (Certificate of Achievement) signed by his or her commander and a Physical Fitness Badge. In addition, those soldiers scoring between 290 and 299 will receive a 3-day pass. All soldiers achieving a maximum score of 300 points will receive a 4-day

pass. All passes will be taken within 90 days of APFT completion. Exceptions to the 90-day rule can be approved by local commanders.

(2) USAREC Fm 1041 will be awarded to soldiers scoring ~~280 270~~ to ~~289 300~~.

(3) USAREC Fm 1041 will be used by commanders at all levels to reward those soldiers achieving the aforementioned scores.

(4) Due to budget constraints, procurement of standardized plaques for the purpose of rewarding soldiers for maximum scores of 300 points is no longer authorized.

(5) Rctg Bdes, RSC, Rctg Bns, and HQ USAREC HQ Comdt will procure the Physical Fitness Badge through local supply channels and present the badges at an appropriate awards ceremony.

Appendix, References

Add the following to Section 1, Required Publications:

USAREC Reg 350-7

Recruiting Station Production Management System. (Cited in para 9-6a(9).)

Appendix A, References

Add the following to Section III, Referenced Forms:

USAREC Fm 1041

Certificate of Achievement.

*This supplement supersedes USAREC Supplement 1 to AR 350-15, 12 December 1990.

Glossary

Add the following terms alphabetically to Section I, Abbreviations:

HQ Comdt

Headquarters Commandant

HQ USAREC

Headquarters, United States Army Recruiting Command

Rctg Bde

recruiting brigade

Rctg Bn

recruiting battalion

RSC

United States Army Recruiting Support Command